



Friday, 18 November 2022

140 cyclists raise over \$135,000 for dementia research

The Bondi2Berry Ride to Remember is taking place tomorrow, Saturday 19 November, with 140 cyclists riding from Bondi Beach to Berry for the 7th year in a row, to raise awareness and funds for research into a cure for dementia.

Dementia is the second leading cause of death of Australians and the leading cause of death among women. There are 487,500 Australians currently living with Dementia and this is set to increase to 1,076,000 by 2058. There is no cure.

Bondi2Berry's mission is to raise awareness and funds for dementia research. Since the inaugural ride in 2016, Bondi2Berry has funded four vital research projects in search of a cure and raised over \$1 million dollars.

Co-founder Nick Young is looking forward to a very special ride this year.

"This year's ride will see us hit a total of \$1 million dollars raised for dementia research, and fundraising from this event will fund a 5th research project." Mr Young said.

"As always, we are especially grateful to all our participants, volunteers, our platinum partners, Wilson Asset Management and Kayo Sports, as well as all events partners who have supported and grown with us since 2016."

The ride will be particularly special for Nick and his family, whose dad passed away in August after a 11 year battle with dementia.

"Dad was diagnosed with dementia in 2011, and the last few years were challenging as Dad declined. It was bittersweet to be by his side as he took his last breath, but I know that he is in a better place and no longer suffering. My dad's legacy lives on through Bondi2Berry and the awareness and fundraising we reach, with the aim of finding a cure so other families don't suffer." Mr Young added.

The Bondi2Berry bike ride will cover 155kms, starting at North Bondi Surf Life Saving Club, riding out of Sydney's eastern suburbs, through the Royal National Park and along the scenic coast to Wollongong before stopping at Kiama, a renowned dementia friendly community, for lunch and meeting with Mayor Neil Reilly. The ride finishes in Berry on the NSW south coast.

For more information about Bondi2Berry and to make a tax-deductible donation to dementia research please visit www.bondi2berry.com/donate

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Thank you to the Bondi2Berry 2022 event partners:

